



CPR & First Aid

CPR Saves Lives!

According to the American Heart Association about 92% of sudden cardiac arrest victims die before reaching the hospital, but statistics prove if more people knew CPR, more lives can be saved. Immediate CPR can double, even triple a victim's chance of survival. Cardiopulmonary Resuscitation (CPR) is an easy lifesaving skill to learn. Your Kennett High School nurses are American Heart Association certified instructors for CPR & First Aid. If you are interested in becoming certified please contact the Kennett High School nurses.

During sudden cardiac arrest the heart beats abnormally. An AED (Automated External Defibrillator) is used to stop the abnormal rhythm and restore a normal a normal heart rhythm. Used in conjunction with CPR, AEDs provide a much greater chance of survival. Kennett High School is fortunate to have 3 AEDs available for use.

To learn more about CPR, risk factors and prevention measures for heart disease see the American Heart Association web site: www.heart.org.