

5 Things to know about Your Child's Return to School and COVID-19 Testing Requirements

1 If your child exhibited any new or unexplained COVID-19 symptom(s), even mild, and has since **received a negative COVID 19** test result, your child may return to school once he/she is:

- Fever-free, without fever-reducing medication, for at least 24 hours, **AND**
- All other symptoms are improving, **AND**
- You have provided the school with written documentation of the negative PCR or Antigen test result (for symptomatic individuals only and in accordance with NH DPHS guidance)

2 If your child has **tested positive for COVID-19** please notify the school and your medical provider immediately. Additionally, notify close contacts and household members to self-quarantine. Your child may return to school after completing:

- 10 days Self Isolation beginning the day after symptom onset or testing **AND**
- Fever-free, without fever-reducing medication, for at least 24 hours, **AND**
- All other symptoms have improved

3 If your child has been identified as a **close contact** and advised to self quarantine, please notify the school and your medical provider immediately. Your child may return to school after completing:

- 10 days Self Quarantine beginning day after last known exposure and have remained symptom free. This period may be up to 20 days for household members.
- It is recommended that your child obtain a COVID-19 PCR test (an antigen test is not acceptable) at the beginning of self quarantine and again between days 5-7 after exposure. A negative test does not release an individual from the full 10 day quarantine.
- Any person who ends quarantine after 10 days must still monitor themselves daily for symptoms of COVID-19 and strictly adhere to all prevention measures (wearing a mask, social distancing, handwashing) for a full 14 days after last potential exposure or high-risk travel.
- Any person who develops symptoms should immediately isolate, contact their health care provider and seek COVID-19 testing.

4 If your child **travels** outside of the 6 New England States (NH, VT, MA, CT, RI, ME) he/she must complete a 10 day quarantine. If you choose to shorten the required 10 day Self Quarantine period the following requirements must be met:

- He/she must receive a COVID-19 PCR test (an antigen test is not acceptable) on day 6-7, **AND**
- He/she remains asymptomatic throughout the quarantine period, **AND**
- You provide the school with your child's negative COVID-19 PCR results prior to your child returning to school.

5 If you are **new to SAU 9** your child may begin face to face instruction in the school setting following:

- A 10 day self quarantine period beginning your residence in NH **AND**
- All enrollment paperwork is completed