

KENNETT HIGH SCHOOL

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## **Student Activities Code**

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# POLICY

*As representatives of our school and community, participants are expected to demonstrate at all times the attributes of good sportsmanship, cooperation, respect and courtesy. A successful co-curricular program is measured by the positive impact it has upon the social, emotional, and physical growth of individuals and not by the quantity of awards, victories or recognitions.*

## GUIDING PRINCIPLES

**The co-curricular programs at Kennett High School are designed to**

- Offer programs which meet the abilities, needs, and interests of a diverse student body and to facilitate the transfer of acquired skills and values into the classroom.
- Foster experiences which support the personal qualities of self-control, hard work, perseverance, fair play, cooperation, and cultural/intellectual awareness.
- Encourage the active support and participation of students, faculty, coaches, advisors, parents and all segments of the community, thereby promoting pride, enthusiasm, appropriate group behavior and joy in expanding horizons.
- Offer co-curricular activities which explore potential career choices and offer intellectual stimulation.
- Demonstrate the importance of drill, practice, rehearsal and preparation toward a formulated goal or an improved level of performance.
- Inspire loyalty and support toward group goals.
- Afford the opportunity to deal with setbacks and to channel energy in positive direction by demonstrating that personal and group success can be achieved by a healthy life style.
- The student primary focus is on learning so after school help/make up work takes precedence over all activities and will be an excused absence unless the coach/advisor and the teacher involved agree otherwise.
- As a participant of co-curricular activities all school rules and policies apply.

### **Co-Curricular definition:**

Co-curricular activities include any/all formally sanctioned school related activities, athletics, clubs, etc., that take place outside of the normal school day and are not directly linked to a course grade.

# PROCEDURES

## ELIGIBILITY

### 1. ELIGIBILITY RELATED TO ACADEMICS

#### A. Passing Grades

- To be eligible to participate in any co-curricular activity at Kennett High School, a student must meet all NHIAA Standards (No pupil who has failed to pass five units of work during the previous grading period shall represent the school in any interscholastic contest). Student must be taking no less than 5 classes per grading period.
- Quarter grades (not semester or year averages) determine eligibility.
- Coaches or advisors review student progress reports at mid-term to identify students in danger of failing.

#### B. Incompletes (Inc) are not to be considered passing grades for purposes of eligibility.

#### C. Scholastic eligibility of all students will be considered official on the date that report cards for that ranking period are issued to students.

#### D. The Principal or Athletic Director, after reviewing the roster of students involved in all activities, will notify the advisors/coaches of the eligibility/ineligibility of each of the participants. Advisors and coaches will notify all ineligible students.

### 2. ELIGIBILITY RELATED TO ATTENDANCE

#### A. To be eligible to participate in or attend any game, practice, play or co-curricular activity, a student must attend a full day of classes on the day of the event. If a student has been dismissed from school the student is not allowed to return to school to participate in game, practice, play or co-curricular activity without prior approval. If the event is scheduled for Saturday, Sunday or a holiday, this regulation shall apply to the last day of school preceding the event.

#### B. Exceptions may include absences/dismissals due to

- Religious holidays
- Illness/doctor's appointment
- Admittance to school prior to 8:55 a.m.
- Absence is school related

The Principal or Vice Principal may find other absences excusable. Students should get pre-approval in writing prior to absence. Students who are dismissed due to illness must have permission from the Principal or Vice Principal to participate in activities that day.

### 3. ELIGIBILITY RELATED TO DRUG USE and all ILLEGAL ACTIVITY

Alcohol/Drugs and Tobacco:

For the purpose of this section, the start of the season/activity will be defined for athletics as the official NHIAA start date; for clubs/activities, it would be defined as the first formal meeting that the activity leader has with the participants.

No possession or drinking of alcoholic beverage, no possession or use of illegal drugs on or off school grounds. Violations of this policy will be removal from the activity for the remainder of the season or lose eligibility for 30 athletic participation days\*\* or to season's end. At the student's request a meeting with the Athletic Director/Principal may be arranged to present an alternative course of action that can consist of community service and a meeting with a certified drug and alcohol counselor to cooperatively determine the extent in which the behavior is problematic. If deemed necessary by the counselor, the student will complete the counselors recommend course of action.

All requirements must be met; including meeting with the Athletic Director before the student can be reinstated to participate in athletics.

Subsequent Violations:

A student that violates the policy for a second time during their four years of eligibility will be ineligible for a period of 365 calendar days (from the violation) unless mitigating circumstances, as determined by the Principal, allow otherwise. Students that violate the policy for a third time during their four years of eligibility will be ineligible for the remainder of their athletic career at Kennett High School.

\*\*Athletic Participation Days are defined as Monday-Saturday or a week during any given season. The starting and ending dates are determined by the NHIAA.

### 4. ELIGIBILITY RELATED TO THE USE OF ENHANCEMENT DRUGS

Any student found to be using performance enhancement substances will be ineligible pending investigation.

### 5. ELIGIBILITY RELATED TO TRAVEL TO AND FROM THE ACTIVITY

Students are expected to travel with the group to and from all activities, contests and off-site practices for which transportation is provided by the District. In cases where the coach/advisor deems it appropriate for a student to be released to the custody of the parent/guardian, an exception will be made upon the presentation of a dated written note or upon notification by the parent/guardian in person. Students with parent/guardian permission may, in rare circumstances,

have other transportation arrangements. But those students must have the permission of the Principal and a note on file in advance confirming the arrangement.

## 6. ELIGIBILITY RELATED TO ATHLETICS

- A. All students participating in school-sponsored athletics must abide by the regulations established by the NHIAA. The rules apply to all varsity, junior varsity, sophomore, freshmen, boys and girls sports at all grade levels. The violation of any eligibility rule may result in forfeiture of a game won or the elimination of a player from participation for one year. The Executive Director of the NHIAA will resolve all questions on eligibility.
- B. Students who are disqualified before, during or after a game, at any level, for unsportsmanlike conduct will not participate in the next scheduled contest including tournament play. A second disqualification will result in forfeiture of participation in that sport for the remainder of the season. Students are required to watch the NFHS Sportsmanship Video under school supervision.
- C. An athlete who strikes out against an official and physically touches him/her in any aggressive or hostile manner will be suspended for the season. If this action takes place in the last game of the season or tournament play, the athlete will be suspended for the following season in which he/she participates.

**PARTICIPATION:** Attendance at meetings, club functions, practices and contests is mandatory. Any excused absence must be requested in advance by the parent/guardian. An excused absence does not automatically guarantee participation in an activity or contest. The coach/advisor retains the right to disallow participation in certain circumstances. An unexcused absence will result in an activity or game suspension.

- A. Students may switch teams in pre-season, up to one week before the earliest game or match of either sport, only with the permission of the coaches.
- B. A permission form must be signed by the parent/guardian and the athlete prior to any practice or play.
- C. An athlete may not regain athletic eligibility by making up academic deficiencies or failures of the regular school year during the summer months.
- D. Criteria for a varsity letter may be established at the discretion of the varsity coach and approved by the Athletic Director and Principal. These criteria will be distributed to all participants in writing at the beginning of that particular sport season. However the school recognizes the importance of family vacation periods. Absences will not be counted during these vacation periods if written notification of plans from the parents/guardians is provided to the coach seven (7) school days in advance of the scheduled family vacation. For the purpose of letter eligibility, a "family vacation" is defined as the parent/guardian participating with the child in a scheduled vacation activity.
- E. Any student who is a member of a co-curricular activity is expected to maintain good standing in the community and at school, if not this may result in loss of participation

deemed appropriate by coach and/or activity director. Example of being in good standing is a student who follows all rules and regulations at school and at school-related activities. Outside of school, it is our expectation that students abide by all laws and are contributing to the school community in a positive manner. Students are expected to meet all expectations of the teams and co-curricular activities in which they participate.

7. **DETENTION:** If a student receives a detention, the student must notify the coach/advisor immediately. Upon the third and any subsequent detentions, the student will receive immediate (or next) game/activity suspension.
8. **INTERNAL SUSPENSION:** Students that are suspended internally are not eligible to participate in any game, practice, play or co-curricular activity until the student has attended a full day of school following the internal suspension.
9. **SUSPENSION FROM SCHOOL:** (External) Suspension is considered to be in effect until the student has attended a full day of school following the period of suspension. Once the student is reinstated, participation in the activity/sport will be allowed as follows:
  - a. **FIRST OFFENSE:** The student will lose eligibility to represent the school and participate in all meetings and/or practices prior to the next event/competition, as well as the event/competition.
  - b. **SECOND OFFENSE:** The student will lose eligibility to represent the school for the next three consecutive games/competitions, as well as all meetings and practices prior to the third event/competition.
  - c. **THIRD OFFENSE:** The student will lose eligibility to represent the school for the remainder of the school year in any events/competitions, as well as all meetings and practices.
10. **PERSONAL APPEARANCE:** While representing the school dress should be reasonable and neat. Advisors/coaches will exercise discretion in determining appropriate dress and appearance. In the event that a student's appearance will have a deleterious effect upon the school, advisors/coaches have the option of refusing to allow the student to participate in an activity or contest.
11. **USE OF EQUIPMENT:** Any school issued uniforms, costumes or equipment may not be defaced or altered in any way and should be used only for school sanctioned activities. In the event that a student loses any of the school issued items, restitution must be made before a student is allowed to participate in any other school activity or sport. Restitution will be made at current replacement value.
12. **HAZING:** Conway School District is committed to providing all pupils a safe school environment in which all members of the school community are treated with respect. This policy is intended to comply with Ed 303.01 which identifies hazing as a form of pupil harassment. Conduct constituting hazing will not be tolerated and is prohibited by this policy. Hazing is conducted by an individual or individual which subjects a pupil or pupils to insults, taunts, challenges or behaviors, whether verbal or physical in nature, which are likely to intimidate students, negatively influence student participation or otherwise control student access to sanctioned activities.

Any school employee, or employee of a company under contract with a school in the District, or the District itself, who has witnessed or has reliable information that a pupil has been subjected to "hazing," as defined in Policy JICFA, shall report such incident to the Principal, or his/her designee, who shall in turn report the incident to the Superintendent.

If it is determined, after investigation, that a pupil has engaged in hazing conduct prohibited by this policy and implementing administrative regulations, the pupil shall be subject to appropriate disciplinary action, which may include, but not be limited to, suspension and expulsion.

The NHIAA and the Conway School Board have special provisions regarding the eligibility of home bound students and students who avail themselves of special services.

#### ELIGIBILITY RULES:

**AGE:** Students who have reached the age of nineteen prior to September 1 may not represent their school in interscholastic athletics.

**SEMESTERS OF ENROLLMENT:** Students are eligible for interscholastic competition for no more than eight consecutive semesters beyond the eighth grade whether or not they have competed.

**TRANSFER STUDENTS:** Students who transfer to a school because of a move into the district by their parents/guardians will be immediately eligible for participation if all other requirements are met. Students who transfer without a parent/guardian are ineligible to participate unless a Transfer Rule Affidavit has been filed and the Executive Director has issued a ruling.

**FOREIGN STUDENTS:** Foreign students enrolled at a high school in New Hampshire must be sponsored by a CSIET approved foreign exchange program in order to be eligible for interscholastic competition and all other requirements must be met.

**NON SCHOOL TEAM COMPETITION:** A member of a school team is a student athlete who is regularly present for, and actively participates in, all team practices and games. Bona fide members of a school team are prevented from missing a high school practice or game to compete with an out-of-school team, practice or competition to include tournaments, showcases, combines or other athletic events. Whenever a conflict arises between the high school team practice/game and an out-of-school practice/game on the same day, the high school team practice/game must be honored by the student athlete. Priority must be given at all times to the high school team, its practices and its contests unless a waiver has been granted by the principal and athletic director.

**Penalties:** Any student athlete who violates this rule, unless a waiver has been granted as stated above, for the first time shall be declared ineligible for the next four (4) consecutive interscholastic events or three (3) weeks of a season in which the student athlete is a participant, whichever is greater. This penalty is effective from the date of his or her last participation in a high school



sport. Any student athlete who violates this rule a second time or subsequent time shall be declared ineligible for participation in any high school sport for the balance of the school year.

International Competition: Students and/or teams desiring this kind of competition must have the approval of the NHIAA. No requests for approval will be considered unless received in writing and signed by the principal six (6) weeks prior to the date of participation. Requests are to be submitted to the NHIAA Executive Director for action.

MEDICAL EXAMINATION: There must be a medical statement on file certifying that a student has passed a pre-participation physical examination prior to the beginning of any high school athletic participation. This must be done once in two years unless requested more often by a school nurse. All students are required to take a baseline concussion test. If a concussion has occurred the student must follow all return to play guidelines under a qualified medical professional.

SPORTSMANSHIP: Kennett High School is dedicated as a school community to instilling sportsmanship, ethics, and integrity in its students, athletes, and fans.

#### EXAMPLES OF A GOOD SPORT

- Exhibiting a spirit of compassion and genuine consideration for the opponent
- Accepting results gracefully and acting fairly and courteously toward opponents and fans at all times
- Maintaining self-control at all times
- Refusing to jeer an opponents failure
- Helping up a fallen opponent
- Patting an opponent on the back in a gesture of “nice play”
- Recognize a good game by an opponent with a meaningful handshake
- Courteously handing ball to or getting ball for the official
- Refusing to be baited into inappropriate action

#### EXPECTATIONS OF COACHES

- Always setting a good example for players and fans to follow, exemplifying the highest moral and ethical behavior
- Instructing participants in good sportsmanship responsibilities and demanding that they make sportsmanship the number one priority
- Respecting the judgment of contest officials and not displaying behavior that might incite fans
- Treating opposing coaches, players, and fans with respect, shaking hands with officials and opposing coaches in public
- Developing and enforcing penalties for players whom do not abide by sportsmanship standards
- No running up scores

#### EXPECTATIONS OF STUDENT ATHLETES

- Treat opponent with respect
- Shaking hands prior to and after contests

- Respecting the judgment of contest officials and displaying no behavior that might incite fans
- Accepting seriously the responsibility and privilege of representing school and community
- Displaying positive public actions at all times
- Living up to the high standards of sportsmanship displayed by the coach.

### BE A FAN - NOT A FANATIC

#### EXPECTATIONS OF PARENTS AND OTHER FANS

- Realizing that a ticket is a privilege to observe a contest and support high school activities – attendance at the contest is not a license to be unsportsmanlike
- Respecting the decisions of contest officials
- Being an exemplary role model by positively supporting teams in every manner
- Respecting fans, coaches, and players

#### ACCEPTABLE BEHAVIOR

- Applauding during introduction of players, coaches, and officials
- Players shaking hands with opponents who may foul out while both sets of fans recognize players' performance with applause
- Graciously accepting all decisions of the officials
- Cheerleaders leading fans in positive school cheers
- Handshakes between opposing players and coaches at the end of the contest
- Coaches/players searching out opposing players to recognize them for outstanding performance or coaching
- Everyone showing concern for injured players, regardless of team
- Applauding at the end of a contest for performance of all players

#### UNACCEPTABLE BEHAVIOR

- Disrespectful or derogatory yells, chants, songs, or gestures
- Booming or heckling an official's decision
- Criticizing officials in any way
- Displays of temper with an official's call
- Yells that antagonize opponents
- Ridiculing or directing scurrilous remarks at participants
- Throwing objects or shining lights onto the floor or at participants
- Entering the floor or field while the game is in progress or if a fight breaks out
- Refusing to comply with a teacher, game official, or administrator's directive.

#### ACTIVITIES CODE GRIEVANCE PROCEDURE

A student participating in an activity at Kennett High School, as well as the parent/guardian of that student, may elect to use the following grievance procedure as a means of arriving at an equitable

solution to disciplinary problems. The process is conducted by beginning at level 1 and proceeds through the levels as appropriate.

#### LEVEL 1: COACH/ADVISOR

The coach/advisor of each activity will render those decisions deemed necessary and proper for the good of the team or activity. The coach/advisor will contact the principal immediately upon making a decision that requires significant disciplinary action. Decisions will be made in accordance with this code and any other applicable School Board policies. A student or parent/guardian may appeal a disciplinary decision made by a coach/advisor in writing to the Athletic Director five (5) school days of the decision.

#### LEVEL 2: ATHLETIC DIRECTOR

Upon receipt of a written appeal from a Level 1 decision, the Athletic Director will review the decision of the coach/advisor. The Athletic Director will meet with the student and/or parent/guardian as soon as practicable for the purpose of resolving the grievance. The Athletic Director will render a decision of the grievance, in writing, within two school days of the meeting. Failure to meet this deadline automatically pushes the grievance to Level 3. A student or parent/guardian may appeal the decision of the Athletic Director, in writing, to the Principal within five school days of the decision.

#### LEVEL 3: PRINCIPAL

Upon receipt of a written appeal from a Level 2 decision, the Principal will review the decision of the Athletic Director. The Principal will meet with the student and/or parent/guardian as soon as practicable for the purpose of resolving the grievance. The Principal will render a decision of the grievance, in writing, within two school days of the meeting. Failure to meet this deadline automatically pushes the grievance to Level 4. A student or parent/guardian may appeal the decision of the Principal, in writing, to the Superintendent within five school days of the decision.

#### LEVEL 4: SUPERINTENDENT

Upon receipt of a written appeal from a Level 3 decision, the Superintendent will review the decisions of Levels 1, 2 and 3. The Superintendent will meet with the student and/or parent/guardian as soon as practicable for the purpose of resolving the grievance. The Superintendent will render a decision of the grievance, in writing, within two school days of the meeting. Failure to meet this deadline automatically pushes the grievance to Level 5.

#### LEVEL 5: SCHOOL BOARD

A student or parent/guardian may appeal the decision of the Superintendent, in writing, to the School Board within five school days of the decision.

## Kennett Athletics Concussion Guideline Reference

<p style="text-align: center;"><b>What Is A Concussion?</b></p> <p>A concussion is a brain injury that</p> <ul style="list-style-type: none"> <li>• Is caused by a blow to the head or body from contact with another player, hitting a hard surface such as the ground, ice or floor, or being hit by a piece of equipment such as a bat, lacrosse stick or field hockey ball.</li> <li>• Can change the way your brain normally works.</li> <li>• Can range from mild to severe.</li> <li>• Presents itself differently for each athlete.</li> <li>• Can occur during practice or competition in ANY sport.</li> <li>• Can happen even if you do not lose consciousness.</li> </ul>	<p style="text-align: center;"><b>What Are The Symptoms of A Concussion?</b></p> <p>Some symptoms may be noticeable right away; however, other symptoms may show up hours or days after the injury. Concussion symptoms include but are not limited to:</p> <ul style="list-style-type: none"> <li>• Amnesia</li> <li>• Confusion</li> <li>• Headache</li> <li>• Loss of consciousness</li> <li>• Balance problems or dizziness</li> <li>• Double or fuzzy vision</li> <li>• Sensitivity to light or noise</li> <li>• Nausea</li> <li>• Feeling sluggish, foggy, or groggy</li> <li>• Feeling unusually irritable</li> <li>• Concentration or memory problems</li> </ul>
<p><b>Concussion Assessment and Return to Play Protocol</b></p> <ul style="list-style-type: none"> <li>• If you experience a blow to the head or exhibit symptoms of a concussion, tell your coach immediately and see the Certified Athletic Trainer (ATC).</li> <li>• If symptoms do not present themselves until later, alert your parents and either see your physician as soon as possible, see the certified athletic trainer at school the next day, or go to the emergency room.</li> <li>• Once diagnosed with concussion like symptoms, a student athlete is immediately removed from all activity.</li> <li>• First notification should be made to the Athletic Director, School Nurse and Guidance Department.</li> <li>• School Administration will coordinate with Guidance, School Nurse, and Teachers to support the student athlete in academic adjustments.</li> <li>• A student athlete is strongly encouraged to see a concussion specialist when diagnosed with a concussion.</li> <li>• It is imperative that families share medical reports from outside physicians and specialists with the school during treatment.</li> <li>• A follow-up IMPACT TEST will be administered at the discretion of the ATC.</li> <li>• Test results are analyzed. Athletes are not eligible to return to play until test results are in line with baseline data.</li> <li>• Student athletes must get a note from their doctor clearing them to play.</li> <li>• Once IMPACT data and Doctor's and Parent notes give the 'ok', our certified athletic trainer will perform final on-field assessments of student athlete and give final clearance for full participation. In addition to all medical clearances, a student athlete must be able to complete a full day of school without restrictions on academic work.</li> <li>• No one piece of information is enough to clear a student athlete for full participation. It MUST be all four pieces of information (IMPACT data, Doctor's and Parent note, and Certified Athletic Trainer's Assessment) that will clear a student athlete to return to full participation.</li> </ul>	