

Science Fair Sleep Research Opt-Out Form

STUDENT RESEARCHERS: Josiah Bartlett Elementary School Students

TITLE OF PROJECT: Mount Washington Valley High Schoolers and Sleep

PURPOSE

In order to collect data for a science fair project, we invite those in grades 9 - 12 to take a short sleep quality survey so that we can learn how high schoolers in the Mount Washington Valley are sleeping. Research nationally suggests sleep problems are very common in adolescence. We want to find out if that is true locally.

The survey is anonymous and has been approved by the SAU #9 Superintendent and by the Kennett High School Principal.

PARTICIPATION

Participation in this survey is voluntary. Respondents may refuse to take part in the research or exit the survey at any time without penalty. Respondents may skip any question they do not wish to answer for any reason.

CONFIDENTIALITY

Survey answers will be stored initially with Google Forms in a password protected electronic format. Results will be summarized by grade or gender, by issue or by other relevant topic, but never with any personal identifying information. When the results are discussed, no one will know who specifically participated in this survey. Data may at some point be downloaded for use for our science project but privacy will be strictly protected.

If you would like your child to participate, no further action is necessary.

If you **DO NOT** wish for your child to participate, please fill out and sign this form. Alternatively, you can send an email to Leslie Sheaff, L_SHEAFF@SAU9.ORG, with the subject line "Opt Out", and include your name and your child's name in the message. Please return the form to the main office at Kennett High School or **reply via email to by March 23, 2019**. Thank you!

I **Do Not** consent to my student's participation in this study.

Date Reviewed and Signed:

Student's Name and Grade:

Parent/Guardian's Name: