

**KHS KMS September 2017 Cycle Menu**

Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
9/4/2017	9/5/2017	9/6/2017	9/7/2017	9/8/2017
<b>Labor Day</b> <b>No School</b> <b>Holiday</b>	Beef Taco Bar Corn Salad Bar Milk	Salisbury Steak Potato veg Alternative: salad bar milk	Chicken Fajita stir-fry Dirty Brown Rice Alternative: salad bar milk	Chicken Parmesan Sweet Potato Fries Veg Alternative: salad bar Milk
9/11/2017	9/12/2017	9/13/2017	9/14/2017	9/15/2017
Mac and Cheese Veg Alternative: salad bar Milk	Sloppy Joe Sandwich Baked Beans Alternative: salad bar Milk <b>Try-It-Tuesday</b>	Beef Stroganoff Sour Cream Peas and Carrots Alternative: salad bar Milk	BBQ Pulled Pork Sand ColeSlaw Alternative: salad bar Milk	Homemade Pizza Farm Fresh Veg Alternative: salad bar Milk
9/18/2017	9/19/2017	9/20/2017	9/21/2017	9/22/2017
Grilled Chicken Caesar Garlic Bread Stick Alternative: salad bar Milk	Shepherd's Pie Mashed Potatoes Corn Alternative: salad bar Milk	Chili Con Carne Bowl Corn Bread Corn Bread Alternative: salad bar Milk	Chicken Penne w/broc Bread Sticks Peas and Carrots Alternative: salad bar Milk	Homemade Pizza Farm Fresh Veg Alternative: salad bar Milk
9/25/2017	9/26/2017	9/27/2017	9/28/2017	9/29/2017
American Chop Suey Garlic Bread Sticks Zuchinni & Summer Sq Alternative: salad bar Milk	Popcorn Chicken Mashed Potatoes Corn Alternative: salad bar Milk <b>Try-It-Tuesday</b>	American Chop Suey Garlic Bread Sticks Zuchinni & Summer Sq Alternative: salad bar Milk	Open faced Turkey Sand Herb Stuffing / gravy Roasted Root Veggies Alternative: salad bar Milk	Homemade Pizza Farm Fresh Veg Alternative: salad bar Milk
10/2/2017	10/3/2017	10/4/2017	10/5/2017	10/6/2017
BBQ Chicken Brown Riuce Pilaf Black Bean Hummus with baby carrots Alternative: salad bar Milk	Pasta w/meat sauce Bread Sticks Alternative: salad bar Milk	Roast Pork W/Au Gratin Peas and Carrots Alternative: salad bar Milk	Pizza Chips Applesauce Veg Alternative: salad bar Milk	T/W - no school